



Positive Leadership Solutions

By positively transforming yourself, and bringing out the best in your people and teams, you can achieve extraordinary results.

As a leader you will learn about yourself and:

- * become aware of your own engagement and wellbeing
- * discover your strengths and how to use them
- * identify your mindset tendencies and the impact this has on you and your team
- * learn how to be mindful

So that you can:

- * dramatically surpass common or expected performance
- * enable thriving and flourishing as well as address obstacles
- * unlock the potential in your organization by facilitating the best of the human condition
- * improve morale, trust and engagement as well as productivity and goal accomplishment

Learn strategies that enable thriving and flourishing by:

- * enabling positive relationships
- * enabling positive communication
- * fostering a positive work climate
- * enabling positive meaning
- * managing human energy
- * inspiring others to be their best
- * inspiring engagement & collaboration
- * encouraging creativity

Positive Manager Solutions:

If you want to maximize your managerial effectiveness and develop personally as both a manager and individual, these solutions have been designed for you.

As a manager you will learn about yourself and:

- * become aware of your own engagement and wellbeing
- * discover your strengths and how to use them
- * identify your mindset tendencies and the impact this has on you and your team
- * learn how to be mindful

And about how you can get the best out of the people in your team by:

- * leveraging your team members' strengths and learning how to deploy strength-based initiatives
- * getting your team to be more innovative and setting the stage for them to unleash their creativity
- * creating a structure to recognize the actions your employees are taking to improve their well-being & engagement
- * skyrocketing productivity and retention of your best employees
- * motivating and rewarding your employees more effectively
- * giving feedback that really works and reduces turnover
- * increasing engagement for better job performance. When engaged the right way, your employees feel connected, they feel like they matter, and they get involved in getting things done.
- * increasing happiness
- * improving customer satisfaction (client-service ratings) and retention
- * increasing learning
- * improving energy (vitality)
- * increasing resilience

- * creating a climate of trust and respect
- * learning to identify and work with the mindsets of your team members and manage them for success

Thriving Employee Solutions:

What if there was a way to experience more happiness and wellbeing, reduce stress, make it easier to achieve your goals, and triple your level of life satisfaction at work?

As an employee you will learn about yourself and how to:

- * become aware of your own engagement and wellbeing
- * energize yourself and optimize your work and life by discovering and learning how to leverage your strengths
- * cultivate happiness in yourself and why it matters to your well-being and success
- * unleash more energy in yourself and learn how to manage it for optimal productivity
- * become more stress resilient which will help you to manage stress and avoid burnout
- * craft your job and experience more happiness, motivation and engagement in your work
- * transform your mindset
- * communicate for success
- * learn to find meaning in your work and thus enhance your satisfaction
- * learn how to be mindful